

Coding accuracy tips: Embolism and thrombosis

Coding active and/or current embolism and thrombosis accurately requires the documentation to note the following:

Type of embolism or thrombosis

- Pulmonary embolism (PE)
 - Is it acute?
 - With acute cor pulmonale?
 - Without acute cor pulmonale?
 - Is it a provoked or unprovoked PE?
 - Is it chronic?
- Other specified site

Anticoagulation treatment

- Length of treatment
 - If treatment is greater than three months, and there is no clear documentation of rationale for why, then assume medication is prophylaxis/preventative and code as history of.
- Medication

For accurate reporting of ICD-10-CM diagnosis codes, the documentation should describe the patient's condition, using terminology that includes specific diagnoses as well as symptoms, problems, or reasons for the encounter.

Suggested documentation and examples

- 1. Code acute PE while the patient is anticoagulated for up to three months (document duration in your note).
 - a. After three months, anticoagulant medication is often used for prevention only. Therefore, continue coding acute PE past three months only if clinically appropriate.
 - b. I26.99 Other pulmonary embolism without cor pulmonale (a.k.a. acute PE, unspecified) A/P: Patient continues on warfarin two months into three-month course for subsegmental PE. Asymptomatic, continue monitor INR.
 - c. Z86.711 Personal history of pulmonary embolism A/P: Patient with unprovoked PE five months ago. Currently asymptomatic, normal exam will continue full six months anticoagulation.
- 2. Code acute DVT while the patient is anticoagulated for up to six months (document duration in your note).*
 - a. Continue coding acute deep vein thrombosis (DVT) past six months only if clinically appropriate.
 - b. I82.432 Acute embolism and thrombosis of left popliteal vein A/P: Patient continues on warfarin two months into six-month course for left popliteal DVT. Asymptomatic, continue monitor INR.

- c. Z86.718 Personal history of other venous thrombosis and embolism A/P: Patient with unprovoked DVT seven months ago. Currently asymptomatic, normal exam will continue full 12 months anticoagulation.
- 3. Chronic DVT criteria:

REPEAT Radiologic studies (Ultz, CT, etc.) confirms persistent clot > four weeks

- a. Specify Chronic DVT
 - i. Code 182.5*
 - ii. 5th character for Vein involved
 - iii. 6th character for Right, Left, bilateral, or unspecified
- b. Code I82.532 Chronic embolism & thrombosis left popliteal vein
 - i. Code Z79.01 Long term (current) use anticoag*
 - ii. A/P: Continued swelling, pain, DVT 6 months ago L popliteal vein.
 - iii. Ultrasound reveals chronic DVT. Continue anticoagulation and compression stocking, refer to vascular surgery.

*Use additional code, if applicable, for long-term (current) use of anticoagulants.

Resources

https://jamanetwork.com/journals/jama/fullarticle/2382982

https://www.cdc.gov/ncbddd/dvt/facts.html

https://www.webmd.com/dvt/happens-after-dvt

"Factors determining clot resolution in patients with acute pulmonary embolism." Blood Coagul Fibrinolysis. 2016. Apr;27(3):294-300.

"Deep vein thrombosis outcome and the level of oral anticoagulation therapy" Journal Of Vascular Surgery. November 1999 Caprini et al p 810.

AmeriHealth coding and documentation education materials are based on current guidelines, are to be used for reference only, and are not intended to replace the authoritative guidance of the ICD-10-CM Official Guidelines for Coding and Reporting as approved by the American Hospital Association (AHA), the American Health Information Management Association (AHIMA), the Centers for Medicare & Medicaid Services (CMS) and the National Center for Health Statistics (NCHS). Clinical and coding decisions are to be made based on the following:

1. The independent judgment of the treating physician or qualified health care practitioner.

- 2. The best interests of the patient.
- 3. The clinical documentation as contained in the medical record